

Neocortical Tet3-mediated accumulation of 5-hydroxymethylcytosine promotes rapid behavioral adaptation

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Edited* by James L. McGaugh, University of California, Irvine, CA, and approved March 27, 2014 (received for review October 7, 2013)

5-hydroxymethylcytosine (5-hmC) is a novel DNA modification that is highly enriched in the adult brain and dynamically regulated by neural activity. 5-hmC accumulates across the lifespan; however, the functional relevance of this change in 5-hmC and whether it is necessary for behavioral adaptation have not been fully elucidated. Moreover, although the ten-eleven translocation (Tet) family of enzymes is known to be essential for converting methylated DNA to 5-hmC, the role of individual Tet proteins in the adult cortex remains unclear. Using 5-hmC capture together with high-throughput DNA sequencing on individual mice, we show that fear extinction, an important form of reversal learning, leads to a dramatic genome-wide redistribution of 5-hmC within the infralimbic prefrontal cortex. Moreover, extinction learning-induced Tet3-mediated accumulation of 5-hmC is associated with the establishment of epigenetic states that promote gene expression and rapid behavioral adaptation.

Epigenetic mechanisms are critically involved in the regulation of gene expression underlying learning and memory (1). Dynamic variation in the accumulation of a particular epigenetic mark, 5-methylcytosine (5-mC), has emerged as a key factor in experience-dependent plasticity and the formation of fear-related memory (2). However, 5-mC is not the only covalent modification of DNA in eukaryotes, as methylated cytosine guanine (CpG) dinucleotides can be successively oxidized and converted to 5-hydroxymethylcytosine (5-hmC), 5-formylcytosine (5-fC), and 5-carboxylcytosine by the Tet family of DNA dioxygenases (3, 4). Although little is known about the functional relevance of 5-fC and 5-carboxylcytosine (5, 6), an understanding of 5-hmC is starting to emerge. 5-hmC is highly enriched in the adult brain (7), dynamically regulated by neural activity (8), and accumulates across the lifespan (9). This epigenetic mark is critically involved in neuronal differentiation and in the reprogramming of pluripotent stem cells (10), and rather than being an intermediate state of active DNA demethylation, 5-hmC can be either dynamic or stable (8, 10). Unlike its repressive cousin, 5-mC, which is primarily found along CpG-rich gene promoters, 5-hmC is enriched within gene bodies and at intron-exon boundaries of synaptic plasticity-related genes, as well as within distal cis-regulatory elements, which together point to an important role for 5-hmC in coordinating transcriptional activity (11–13). Thus, it is evident that the relationship between this particular covalent modification of DNA and gene expression is far more complex than currently realized.

The inhibition of learned fear is an evolutionarily conserved behavioral adaptation that is essential for survival. This learning process, known as extinction, involves rapid reversal of previously learned contingencies, which depend on gene expression and protein synthesis. Impairments in the neural mechanisms that promote this beneficial response to threat can lead to the development of posttraumatic stress disorder and phobia (14). Fear extinction has long been recognized as an invaluable tool

for investigating the neural mechanisms of fear-related learning and memory (15). Using this experimental paradigm, the important contribution of the medial prefrontal cortex toward fear extinction has been demonstrated (16, 17). For example, lesions or infusions of protein synthesis inhibitors into the infralimbic prefrontal cortex (ILPFC) dramatically impair fear extinction learning (18, 19).

We, and others, have recently identified epigenetic regulatory mechanisms in the ILPFC, including histone modifications and small noncoding RNAs that are selectively involved in the extinction of conditioned fear (20–26). Recent evidence indicates that Tet1 promotes active DNA demethylation in the adult hippocampus (8) and that the accumulation of 5-hmC and associated effects on gene expression are involved in adult neurogenesis, spatial learning, and the extinction of contextual fear (27–29). In contrast, Tet3 is highly expressed in the adult cortex (30), although its function with respect to fear extinction memory has yet to be determined. We therefore set out to explore the role of Tet3-mediated hydroxylation within the ILPFC and to elucidate whether it is involved in the rapid behavioral adaptation supporting the extinction of conditioned fear.

Results

Tet3, but Not Tet1, Is Activity-Dependent in Primary Cortical Neurons and Necessary for Rapid Behavioral Adaptation. To elucidate the underlying mechanism by which experience-dependent hydroxylation of 5-mC occurs in the prefrontal cortex, we first examined the activity-dependent expression of Tet1 and Tet3 in primary cortical neurons in vitro and within the ILPFC after fear extinction learning in vivo. In primary cortical neurons, in contrast

Significance

We have discovered a critical role for ten-eleven translocation 3-mediated hydroxylation of 5-methylcytosine in the adult prefrontal cortex in mediating rapid behavioral adaptation. 5-hydroxymethylcytosine (5-hmC) is highly dynamic in response to fear extinction training, and rather than simply reflecting a functional intermediary of active DNA demethylation, the learning-induced intergenic accumulation of 5-hmC creates an epigenetic state that promotes experience-dependent gene expression and behavioral adaptation.

Author contributions: X.L., W.W., Q.-Y.Z., and T.W.B. designed research; X.L., W.W., J.W., D.B.-A., and C.R.F. performed research; Q.-Y.Z., J.W., A.D., and Y.Z. contributed new reagents/analytic tools; X.L., W.W., Q.-Y.Z., and T.W.B. analyzed data; and X.L., W.W., and T.W.B. wrote the paper.

The authors declare no conflict of interest.

*This Direct Submission article had a prearranged editor.

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This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1318906111/-DCSupplemental.

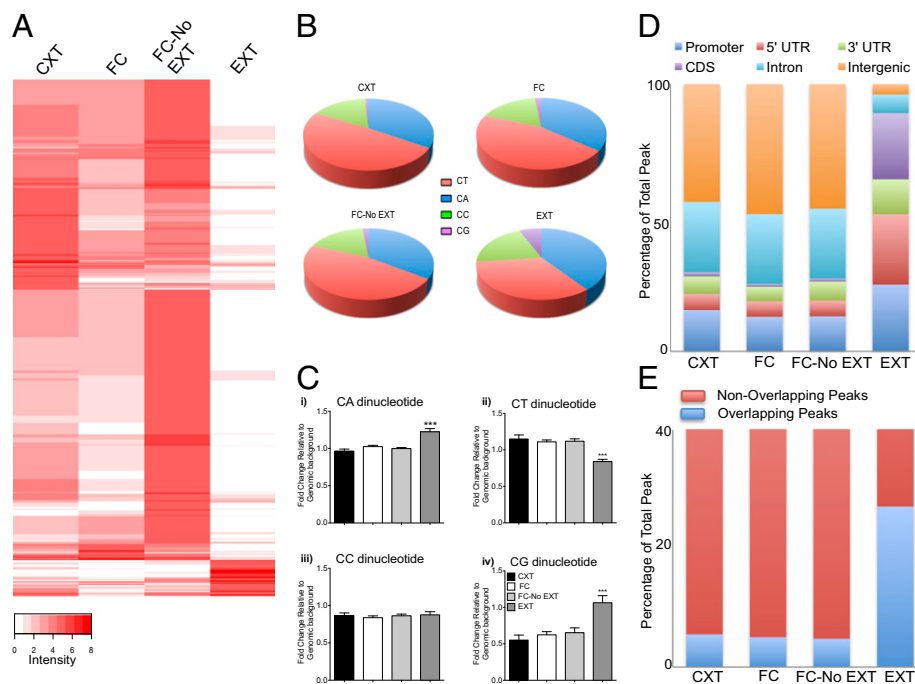


Fig. 2. Experience-dependent redistribution of 5-hmC within the ILPFC. (A) Representative heat map of genome-wide 5-hmC enrichment after behavioral training, derived from 8 biological replicates per treatment group. Note the cluster of candidate genes, which showed enrichment specifically after fear extinction learning. (B) In all significant peaks in which 5-hmC accumulated after extinction training, 35–40% of nucleotides spanning a 100-bp region directly under the summit of the peak contained either CA or CT dinucleotide repeats ($n = 8$ per group; CA $F_{3, 31} = 18.02$; CT $F_{3, 31} = 14.23$; CG $F_{3, 31} = 10.38$; Tukey's post hoc analysis for all EXT vs. context (CXT), FC, FC-No EXT, $***P < 0.001$). (C) Relative to all other groups, a unique pattern of 5-hmC distribution with an increase in CG-rich regions occurred in response to fear extinction learning. (D) There was an extinction training-induced decrease in 5-hmC peaks detected within intronic and intergenic regions, which was accompanied by increased 5-hmC at gene promoters, 5'-UTR, 3'-UTR, and within CDS. (E) After extinction training, there was a significant overlap between 5-hmC and DNaseI-hypersensitive regions across the genome, which expand from 5–27% of total peaks called. CXT, context only, 24 h; FC, fear conditioned, 24 h; FC-No EXT, fear conditioned and context B exposed without extinction, 2 h; EXT, extinction, 2 h. Error bars represent standard error of the mean.

A gene ontology analysis was performed on 233 genes associated with 5-hmC peaks that were selectively induced by extinction training, revealing that 16% belong to a network associated with synaptic signaling (*SI Appendix, Table S4*). As described in *SI Appendix, Table 5*, 13 candidate genes were selected for validation on the basis of their role in neural plasticity; these were subsequently confirmed in an independent biological cohort by 5-hmC capture followed by quantitative PCR (*SI Appendix, Fig. S3*). Of particular interest was gephyrin, which anchors GABA receptors to the postsynaptic membrane and is directly involved in fear extinction (37, 38). We observed an accumulation of 5-hmC within an intron of the gephyrin gene, which was accompanied by a concomitant decrease in 5-mC 24 h postextinction training (Fig. 3 A–C and *SI Appendix, Fig. S4*). Importantly, these effects were selective for this locus, as 5-hmC did not accumulate within the gene body upstream or downstream of this intron (*SI Appendix, Fig. S5*). Gephyrin mRNA expression increased transiently 2 h after extinction training and returned to baseline 24 h later (Fig. 3D). Furthermore, there was also a transient increase in Tet3 occupancy surrounding the gephyrin gene (Fig. 1 E and F). DNA methylation can be persistently altered after learning (5), and it has been proposed that discordance between DNA methylation status and gene expression might reflect a form of genomic metaplasticity that serves to promote gene expression on subsequent stimulation (39).

Fear Extinction Leads to a Tet3-Mediated Accumulation of 5-hmC, Which Is Associated with a Permissive Epigenetic State. Emerging evidence suggests a role for 5-hmC outside gene promoters in the regulation of gene expression, potentially through its effects on alternative splicing or through an interaction with the DNA methyl binding protein, MECP2 (11, 12). However, an understanding

of how 5-hmC influences this process within the context of learning and memory has not been achieved. It has recently been suggested that 5-hmC can regulate gene expression by recruiting “readers” to regions across the genome in which this epigenetic mark accumulates (40). On the basis of our genome-wide 5-hmC mapping data, we reasoned that the presence of 5-hmC within intronic and intergenic regions influences the local chromatin landscape, thereby providing a link between this epigenetic modification and experience-dependent regulation of gene expression. To explore this possibility, we interrogated the chromatin environment surrounding the accumulation of 5-hmC within the gephyrin gene, revealing increased binding of specificity protein 1 (Sp1) (Fig. 4A). This transcription factor contributes to gene regulation by protecting active genomic loci from DNA remethylation (41). There was no effect on the occupancy of H3K4^{me3} or H3K27^{me3} (Fig. 4 B and C), indicating that the development of a bivalent chromatin state (42) at this locus is not associated with the experience-dependent accumulation of 5-hmC. However, in contrast, we observed a transient reduction in the heterochromatin-related histone mark H3K9^{me3} (Fig. 4D), which was associated with a delayed increase in H3K27^{ac} and a transient increase in p300 and H3K4^{me1} occupancy (Fig. 4 E–G). These chromatin modifications are associated with regulatory elements across the genome and promote gene expression (43, 44). Finally, there was a significant increase in the occupancy of symmetric dimethyl H3 arginine 2 (H3R2^{me2s}) within the gephyrin intronic locus (Fig. 4H), which paralleled the persistent accumulation of 5-hmC. This novel histone mark, which is crucial for the maintenance of a euchromatic or “primed” state, is preferentially associated with sites of recombination and recently activated genes (45, 46). Importantly, these effects were specific to extinction training and did not occur in mice that had been fear conditioned, followed by a single reactivation trial,

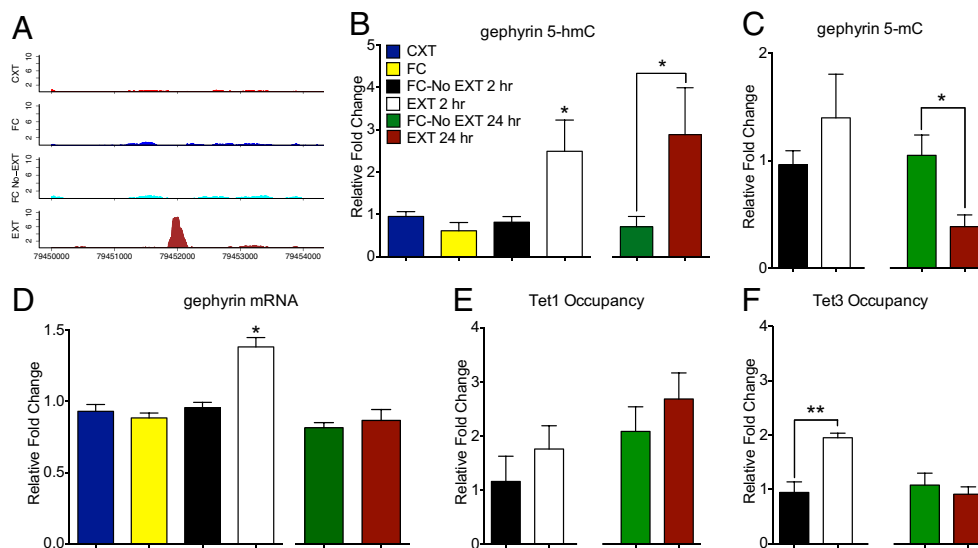


Fig. 3. Fear extinction learning increased the accumulation of 5-hmC and Tet3 surrounding the extinction-related gene, gephyrin. (A) Extinction training led to a persistent increase in 5-hmC within an intron of the gene encoding gephyrin. Shown is the normalized depth of coverage for this peak and its nearby region in each of the conditions. (B) A significant enrichment of 5-hmC within the intronic region of gephyrin occurred after fear extinction training [$n = 3-4$ per group, 2 h; $F_{3,14} = 5.29$ ($P < 0.01$); Tukey's post hoc analysis FC-No EXT 2 h vs. EXT 2 h ($*P < 0.05$), 24 h; $t_6 = 2.24$ ($P < 0.05$). (C) This effect was accompanied by a reduction in 5-mC 24 h after extinction training ($n = 4$ per group, 24 h, $t_6 = 3.03$; $P < 0.05$). (D) Fear extinction led to a transient increase in gephyrin mRNA expression ($n = 4-5$ per group; $F_{3,19} = 4.08$; $P < 0.05$; Tukey's post hoc analysis FC-No EXT vs. EXT, $*P < 0.05$). (E) There was a trend toward an increase in Tet1 occupancy within the intronic region of the gephyrin gene 24 h after extinction training. (F) Fear extinction learning leads to a transient increase in Tet3 occupancy ($n = 3-5$ per group; $F_{3,15} = 17.58$; $P < 0.001$; Tukey's post hoc analysis FC-No EXT 2 h vs. EXT 2 h, $**P < 0.01$).

therefore arguing against the possibility that such epigenetic modifications are nonspecifically induced by the retrieval or reconsolidation of the original fear memory (SI Appendix, Fig. S6).

Together, the data suggest that fear extinction learning leads to a redistribution of 5-hmC within the ILPFC, which subsequently promotes a transcriptionally active chromatin state, possibly by driving the selective accumulation of 5-hmC within noncoding DNA regulatory regions of the genome. The generality of these findings was tested by interrogating a 5-hmC peak found within a distal promoter region of the gene encoding *Lin7a*, where the pattern of chromatin modification was quite different, suggesting that the accumulation of 5-hmC induced by extinction training may have functionally distinct consequences depending on the sequence context in which it occurs (SI Appendix, Figs. S7 and S8). Finally, the effect of extinction learning on Tet3 occupancy at the gephyrin locus, as well as the dynamic changes in the accumulation of 5-hmC and 5-mC, gephyrin mRNA, and associated effects on the chromatin landscape were completely blocked in the presence of Tet3 shRNA (Fig. 5A–J). Thus, Tet3 activity within the ILPFC is necessary for the learning-dependent accumulation of 5-hmC and related chromatin modifications, which underpins rapid behavioral adaptation.

Discussion

This study has generated 3 novel findings: Tet3 expression is activity-dependent in primary cortical neurons and, within the adult prefrontal cortex, is necessary for rapid behavioral adaptation; the genome-wide pattern of 5-hmC in the ILPFC is dramatically redistributed in response to fear extinction learning; and fear extinction leads to a Tet3-mediated accumulation of 5-hmC, which is associated with a permissive epigenetic state.

The observation that Tet3, but not Tet1, expression is activity-dependent and necessary for rapid behavioral adaptation (Fig. 1) appears, at first glance, to be at odds with the recent discovery that Tet1 is involved in neuronal-activity-regulated gene expression and extinction (29). However, the general interpretation of this work is limited by the use of developmental Tet1 knockout mice, rather than spatiotemporally restricting the ablation of Tet1

to the adult prefrontal cortex. Tet1-mediated accumulation of 5-hmC is critically involved in neuronal differentiation and in the reprogramming of pluripotent stem cells (33), thus suggesting a distinct role for Tet1 during early brain development. Tet3, in contrast, is the most highly expressed isoform in the adult cortex (30), and the highest level of 5-hmC in the adult brain is found in cortical neurons (7), where it continues to accumulate across the lifespan (9). Together, these data suggest a potential developmental stage- and/or region-specific function for each Tet isoform and its influence on the regulation of 5-hmC, which would be difficult to disentangle from the use of mice that have had Tet1 knockout throughout early development. Moreover, Rudenko and colleagues

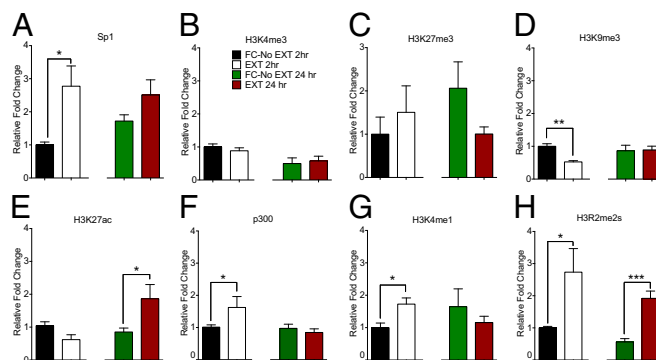


Fig. 4. Fear extinction learning is associated with an altered chromatin landscape. Fear extinction led to (A) a transient increase in the occupancy of Sp1 ($t_7 = 2.54$; $P < 0.01$) with no effect on bivalent chromatin marks H3K4^{me3} (B) or H3K27^{me3} (C), (D) a transient reduction in the heterochromatin mark H3K9^{me3} ($t_7 = 3.12$; $P < 0.05$), (E) a delayed increase in H3K27^{ac} ($n = 4-5$ per group; $t_7 = 2.013$; $P < 0.05$), a transient increase in presence of the enhancer-related elements p300 (F; $t_7 = 2.74$; $P < 0.05$) and H3K4^{me1} (G) ($t_6 = 0.85$; $P < 0.05$), and a persistent increase in accumulation of the euchromatic mark, H3R2^{me2s} (H) [(2 h, $t_6 = 2.21$ ($P < 0.05$); 24 h, $t_6 = 5.46$ ($P < 0.001$)] within the ILPFC. Error bars represent standard error of the mean.

(29) primarily focused on hippocampal-dependent cognitive tasks, including the extinction of spatial memory and the extinction of contextual fear, whereas our analysis was specifically targeted toward understanding the role of Tet3 in the adult brain and in a cognitive task that is highly dependent on the ILPFC. Notwithstanding these differences, the evidence is clear that, within the ILPFC, Tet3 expression is activity-dependent and plays a key role in the formation of fear extinction memory.

A key question is whether neocortical accumulation of 5-hmC has a role in regulating fear extinction that is distinct from its role during early embryonic development. In contrast to 5-mC, which in general is considered to be a repressive mark associated with CpGs in proximal promoters, although this perception is rapidly changing (35, 47), the pervasive distribution of 5-hmC throughout the genome suggests it is involved in regulating transcriptional activation. Indeed, previous work has shown that 5-hmC is enriched within highly transcribed gene bodies and at intron–exon boundaries of synaptic plasticity-related genes, as well as within distal cis-regulatory elements (6, 9, 11–13, 31–33, 48–50). Our observation of a dramatic redistribution of 5-hmC in

response to fear extinction training, with subsequent effects on chromatin modifications and gene expression, lends support to this idea and further suggests that, at least in the case of fear extinction, the accumulation of 5-hmC is associated with a transcriptionally permissive chromatin environment, although the pattern differs depending on the genomic locus (Fig. 4 and *SI Appendix, Fig. S7*). With regard to the gephyrin locus, we observed a persistent increase in the presence of the euchromatic mark H3R2^{me2s}, which is dependent on Tet3-mediated accumulation of 5-hmC (Fig. 5). In addition, the extinction training-induced increase in 5-hmC was also present 24 h after extinction training, whereas the expression of gephyrin mRNA returned to baseline at the same time (Fig. 3). This suggests a potentially time-dependent relationship between experience-dependent DNA modifications, epigenetic states, and gene expression that occur in response to extinction learning. We recently proposed that experience-dependent variations in DNA methylation represent a form of metaplasticity that serves to prime the genome to respond to later events by regulating transcriptional capacity, rather than by mediating enduring changes in gene expression (39). Given the recent observation that 5-fC is involved in long-lasting epigenetic priming and preferentially occurs at regulatory elements, including poised enhancers (6), it is conceivable that 5-hmC will be replaced by 5-fC to promote a metaplastic or “primed” epigenetic state, which will then be reflected by greater induction of gene expression in response to further extinction training.

Although the precise mechanism by which extinction training leads to a Tet3-mediated redistribution of nonpromoter 5-hmC and select chromatin modifications is not yet known, an understanding of the unique characteristics of Tet3 may shed light on this process. Together with a catalytic C-terminal domain, which provides hydroxylase activity, Tet1 and Tet3 also harbor a CxxC binding motif (CXXC) zinc finger-binding domain that promotes high-affinity binding at genomic loci containing CpGs. However, in contrast to Tet1, the Tet3 CXXC binding domain recognizes unmodified C followed by A, T, C, or G, with a preference for nonpromoter CpGs (51). Moreover, Tet3 also contains the novel-binding domain PRK12323, the function of which has not been determined (52). Tet3 is also endowed with a function that is independent of its enzymatic activity: Tet3 is a direct binding partner with O-linked N-acetylglucosamine transferase and colocalizes with this transferase on chromatin at active promoters enriched for H3K4^{me3}, which is critically involved in transcriptional activation (53, 54). However, at least with respect to the gephyrin locus after extinction training, we observed no change in H3K4^{me3} occupancy (Fig. 4), and we found that Tet3 is catalytically active by virtue of its effect on the experience-dependent accumulation of 5-hmC and its related effect on the chromatin landscape (Fig. 5). These data therefore point to a critical role for Tet3-mediated hydroxylation of 5-mC within the ILPFC in rapid behavioral adaptation.

The relationship between different DNA base modifications, gene expression, and the chromatin landscape may also vary depending on the genomic locus in which the modifications occur in response to different learning conditions. For example, the intragenic accumulation of 5-hmC induced by extinction training may be associated with Tet3, whereas the accumulation of 5-hmC within distal regulatory elements and proximal promoters may be associated with the recruitment of Tet1 after fear learning. Indeed, Tet1 accumulation in promoter regions after hippocampal-dependent contextual fear conditioning has previously been demonstrated (28). The accumulation of these DNA base modifications may have different effects depending on whether they occur at single bases within key binding motifs, which would suggest a role in regulating transcription factor activity, and potentially alternative splicing, or if they are more broadly distributed, the pattern of accumulation may be indicative of a role in the regulation of DNA structure or chromatin looping (39). Our findings on the critical role of Tet3-mediated redistribution of 5-hmC in the adult brain provide the foundation for future studies

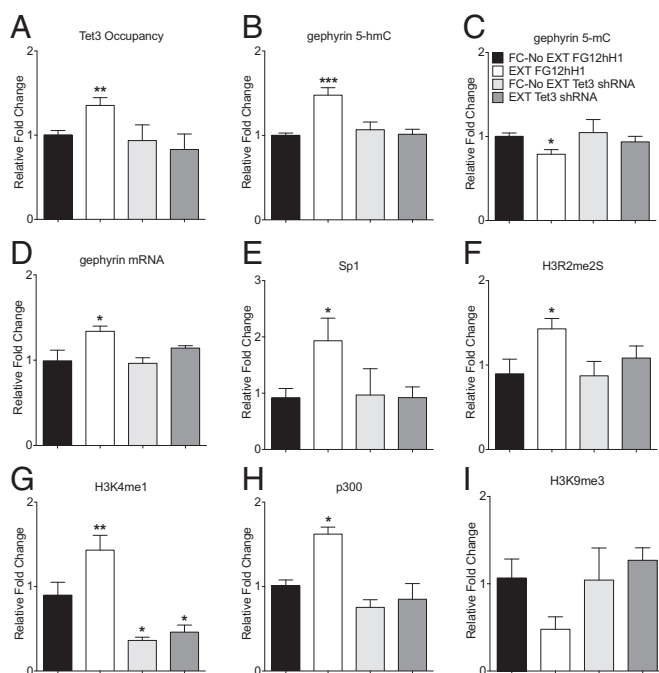


Fig. 5. Tet3 is required for extinction training-induced accumulation of 5-hmC and associated effects on the chromatin landscape. (A) Tet3 occupancy at gephyrin locus was reduced in the presence of Tet3 shRNA ($n = 4$ /group; $F_{3,12} = 5.27$; $P < 0.05$; Dunnett's post hoc test FC-No EXT FG12hH1 vs. EXT FG12hH1, $**P < 0.01$). (B) Tet3 knockdown blocked the accumulation of 5-hmC after fear extinction training ($n = 4$; $F_{3,12} = 11.63$; $P < 0.001$; Dunnett's post hoc test FC-No EXT FG12hH1 vs. EXT FG12hH1, $***P < 0.001$). (C) There was no effect on 5-mC after extinction training in the presence of Tet3 shRNA ($n = 4$; $F_{3,12} = 4.26$; $P < 0.05$; Dunnett's post hoc test FC-No EXT FG12hH1 vs. EXT FG12hH1, $*P < 0.05$). (D) There was no significant increase in gephyrin mRNA expression after extinction training in the presence of Tet3 shRNA ($n = 4$ –6 per group; $F_{3,19} = 6.364$; $P < 0.01$; Dunnett's FC-No EXT FG12hH1 vs. EXT FG12hH1, $*P < 0.05$). Knockdown Tet3 mRNA blocked the effect of extinction training on Sp1 (E) ($n = 4$ /group; $F_{3,12} = 3.76$; $P < 0.05$; Dunnett's post hoc test FC-No EXT FG12hH1 vs. EXT FG12hH1, $*P < 0.05$), H3R2me2S (F) ($n = 3$ –4/group; $F_{3,12} = 3.52$; $P < 0.05$; Dunnett's post hoc test FC-No EXT FG12hH1 vs. EXT FG12hH1, $*P < 0.05$), H3K4me1 (G) ($n = 4$ /group; $F_{3,12} = 23.56$; $P < 0.0001$; Dunnett's post hoc test FC-No EXT FG12hH1 vs. EXT FG12hH1, $**P < 0.01$, vs. FC-No EXT Tet3 shRNA, $*P < 0.05$), and p300 occupancy at the gephyrin locus (H) ($n = 4$ /group; $F_{3,12} = 11.88$; $P < 0.001$; Dunnett's post hoc test FC-No EXT FG12hH1 vs. EXT FG12hH1, $*P < 0.05$). (I) There was no significant effect of Tet3 shRNA on H3K9me3. Error bars represent standard error of the mean.

on this interesting mode of epigenetic regulation and highlight the importance of examining the full repertoire of DNA base modifications across brain regions to elucidate how epigenetic states are established in response to different forms of learning.

Materials and Methods

Details of DNA/RNA extraction, qRT-PCR, 5-hmC and 5-mC capture, DNA sequencing, lentiviral construct design, immunohistochemistry, chromatin immunoprecipitation, primary cortical neuron culture, and 5-hmC dot blot are included in the *SI Appendix, Materials and Methods*. Details of protocols

for subjects, cannulation surgery, and behavioral methods. A description of bioinformatics and sequencing analyses are also described in *SI Appendix, Materials and Methods*.

ACKNOWLEDGMENTS. The authors thank Ms Rowan Tweedale for helpful editing of the manuscript. The authors acknowledge grant support from the National Health and Medical Research Council of Australia (APP1033127-TWB), the Australian Research Council (DP1096148-TWB), and the National Institutes of Health (GM68804-YZ). X.L. is supported by postgraduate scholarships from the University of Queensland and the ANZ Trustees Queensland for medical research.

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